

Recharge on this seaside escape highlighting striking ocean vistas, colourful harbours and the intriguing history of Canada's eastern maritime provinces.



Prince Edward Island

Maritimes Landscapes

TOUR PACE

Enjoy this magical maritime journey with a captivating overnight visit to Saint John; three relaxing two-night stays in Charlottetown, Ingonish Beach and Halifax; and a scenic ferry ride from Prince Edward Island to Nova Scotia.

HOTELS

Experience the highest standards of comfort and service in perfect locations on the scenic waterfront in historic Saint John, Charlottetown and Halifax. At beautiful Ingonish Beach, you'll look out from the hotel's cliff-top perch upon a view of majestic Cape Smokey rising out of the sea.

DAY 1 – ARRIVE SAINT JOHN. Welcome to Saint John! On arrival at Saint John International Airport, your airport transfer service takes you to your tour hotel. Your Tour Director will be at the hotel to meet you and answer any questions this afternoon. Join your Tour Director and fellow travellers at 6 p.m. for a *Welcome Drink* at the hotel. Hotel: Hilton Saint John

DAY 2 – SAINT JOHN – CHARLOTTETOWN. Set out this morning to view the *Saint John River's Reversing Falls*, caused by the *Bay of Fundy's reversing tides*. You'll experience more of the effects of the tides when you stop at the *Hopewell Rocks*. Depending on whether you visit during high or low tide, the rocks could reveal their full height – nearly four stories high – or appear as tiny islands barely surfacing in the Bay, evidence of the world's highest, wildest tides. Drive across the modern *Confederation Bridge* to Charlottetown, capital of Prince Edward Island. This evening, *your Tour Director offers you a selection of restaurants for your dining pleasure*. Hotel: Delta Prince Edward (B,DA)

DAY 3 – PRINCE EDWARD ISLAND EXCURSION. Visit *Founders' Hall*, *Canada's Birthplace Pavilion*, where you'll walk through the "Time Travel Tunnel" learning about Canadian history, starting with the Charlottetown Conference in 1864 and concluding with the joining of Nunavut in 1999. Then, *immerse yourself in local history with a guided walking tour of graceful Charlottetown*. Travel up the north shore to *explore the wind-sculpted sand dunes, beautiful beaches and broad inlets of Prince Edward Island National Park*. Take a *guided tour of Green Gables, the farm house that inspired the setting for Lucy Maud Montgomery's "Anne of Green Gables."* This evening is at leisure. (B)

DAY 4 – CHARLOTTETOWN – INGONISH BEACH. Ferry across the *Northumberland Strait* to *Nova Scotia* and travel on to charming Pictou, renowned as the "Birthplace of New Scotland." Docked on the waterfront you'll see the full-sized replica of the *Ship Hector*, commemorating the voyage of the first Scottish immigrants in 1773. Continue your tour driving along the scenic *Cabot Trail* over Cape Smokey until you reach Ingonish Beach at the foot of the Cape Breton Highlands. Check in your hotel superbly located on a promontory overlooking the Atlantic Ocean. Hotel: Keltic Lodge Resort & Spa (B,D)

DAY 5 – CABOT TRAIL & CAPE BRETON HIGHLANDS NATIONAL PARK EXCURSION. An amazing full-day adventure travelling the full length of the *Cabot Trail*, one of the most *spectacular drives* on the continent. Enjoy stunning vistas of rust-coloured cliffs, the deep blue ocean and postcard-perfect fishing harbours. *Explore Cape Breton Highlands National Park*, an exceptional wilderness area where you may spot a moose among the lakes and streams. (B)

DAY 6 – INGONISH BEACH – HALIFAX. Bid farewell to the highlands and travel to Baddeck Bay and tranquil Bras d'Or Lake. *Visit the Alexander Graham Bell National Historic Site where models, photo displays, artifacts, and films describe the fascinating life of the great inventor*. Travel south across the narrow Canso Strait and continue to Halifax, Nova Scotia's lively harbour-front capital. This evening is on your own to stroll the waterfront, with its intriguing shops, take-outs and pubs. Hotel: Halifax Marriott Harbourfront. (B)

DAY 7 – HALIFAX SIGHTSEEING. Enjoy a sightseeing tour of *Halifax* including the *Public Gardens, waterfront and Spring Garden Road*, and learn about the Halifax Explosion and the city's connection to the Titanic. *Visit the Citadel National Historic Site* offering superb panoramic views. This afternoon is on your own. Perhaps explore the Maritime Museum of the Atlantic or the boutiques and restaurants nestled in the three-square-block of Historic Properties, Canada's oldest shipping warehouses. Those looking to snap picture-perfect photos can join an optional excursion to the idyllic village of Peggy's Cove. (B)

DAY 8 – DEPART HALIFAX. Your tour ends with a departure transfer to Halifax International Airport. (B)



Green Gables



See the displays at Founder's Hall

8 DAYS ~ NEW BRUNSWICK ~ PRINCE EDWARD ISLAND ~ NOVA SCOTIA

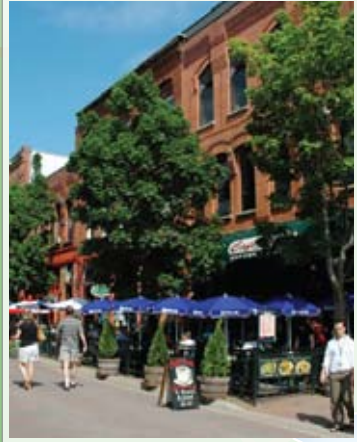
Key

- PREMIUM HIGHLIGHTS
- PERSONAL INSIGHTS
- HIGHLIGHT & DINE-AROUND DINNERS
- WELCOME DRINK
- LOCALLY GUIDED SIGHTSEEING
- ORIENTATION TOUR
- CENTRAL HOTELS + NIGHTS
- SCENIC HOTELS + NIGHTS

See hotel details on pages 47-49

- Discover the sand dunes, wetlands and forests of Prince Edward Island National Park
- Discover Canada's history at Founder's Hall
- Join a guided walking tour of Charlottetown
- Take a guided tour of the Green Gables Heritage Site
- Choose from a selection of restaurants on a Dine-Around evening in Charlottetown

Downtown Charlottetown



Follow the scenic Cabot Trail to Cape Breton Highlands National Park

Visit the Alexander Graham Bell National Historic Site

Cape Breton Highlands National Park

INGONISH BEACH (Days 4 and 5)

Baddeck

Visit the Citadel National Historic Site

See the waterfront on your sightseeing tour



Included Premium Highlights

- Discover the sand dunes, wetlands and forests of Prince Edward Island National Park
- Explore Cape Breton Highlands National Park, famous for its highlands and ocean scenery
- Visit the Alexander Graham Bell National Historic Site on Cape Breton Island
- Visit Halifax Citadel National Historic Site and enjoy its spectacular panoramic views

Included Personal Insights

- Discover Canada's history at Founders' Hall, Canada's Birthplace Pavilion
- Join a guided walking tour along the streets of downtown Charlottetown
- Learn more about "Anne of Green Gables" on a guided tour of Green Gables Heritage Site

Included Other Excursions & Sights

- View the Saint John River's Reversing Falls, caused by the Bay of Fundy's reversing tides
- Stop at the Hopewell Rocks, four stories high at low tide and tiny islands at high tide
- Travel on Confederation Bridge, the world's longest bridge over ice-covered waters
- Ferry across the Northumberland Strait from Prince Edward Island to Nova Scotia
- Journey along the Cabot Trail, one of the country's most scenic drives
- Discover the highlights of Halifax on a morning sightseeing tour

Included First Class Services

- Escorted by a professional Tour Director
- Luxury air-conditioned 40 seat coach with extended legroom and onboard restroom
- Insight hotels include all service charges, taxes and portage
- Insight Traveller document wallet, map book journal and information pack
- Airport arrival and departure transfers on Day 1 and Day 8

Included Quality Dining

- Choose from a selection of restaurants on your Dine-Around evening in Charlottetown (DA)
- 7 Full Breakfasts (B) and 1 three-course Table d'hôte Dinner or Buffet (D)

TOUR CODE: **AMLS** **Save up to US\$195 p.p. with our Early Payment Discount**

Starts	Ends	Twin Share	Single Supp.	Starts	Ends	Twin Share	Single Supp.	Starts	Ends	Twin Share	Single Supp.
St. John	Halifax	p.p.	Option	St. John	Halifax	p.p.	Option	St. John	Halifax	p.p.	Option
Jun 20	Jun 27	\$1950	\$840	Jul 18	Jul 25	\$1950	\$840	Aug 29	Sep 05	\$1950	\$840
Jul 04	Jul 11	\$1950	\$840	Aug 15	Aug 22	\$1950	\$840	Sep 12	Sep 19	\$1950	\$840

Supplements

Pre & post tour accommodation

Per person, per night	Twin	Single	Triple
Hilton Saint John	\$97	\$194	\$76
Halifax Marriott Harbourfront	\$138	\$277	\$104

Accommodation prices are per person, per night, room & taxes only. Airport transfers are not included with pre and post tour accommodation – see page 50 for details.

Reductions

SAVE \$200 per person with Triple room reduction
 SAVE \$320 per person with Quad room reduction

Insight's Great Savings & Discounts

SAVE \$195 per person with Young Traveller Discount
 SAVE up to \$98 per person with 2nd Tour Discount
 SAVE up to \$98 per person with Frequent Traveller Discount

Early Payment Discount

SAVE per person	12 months	10 months	6 months
	\$195	\$146	\$98

Notes

All prices are per person sharing a twin room.
 All tours start and end on Mondays.

DEF **Definite Departures (DEF)** are tour dates guaranteed to operate. These are regularly updated and listed on our website www.insightvacations.com (see page 50 for details).

Included are worth approximately \$205

For news, views & info visit our 'Bulletin Board' at www.insightvacations.com