



Live to eat

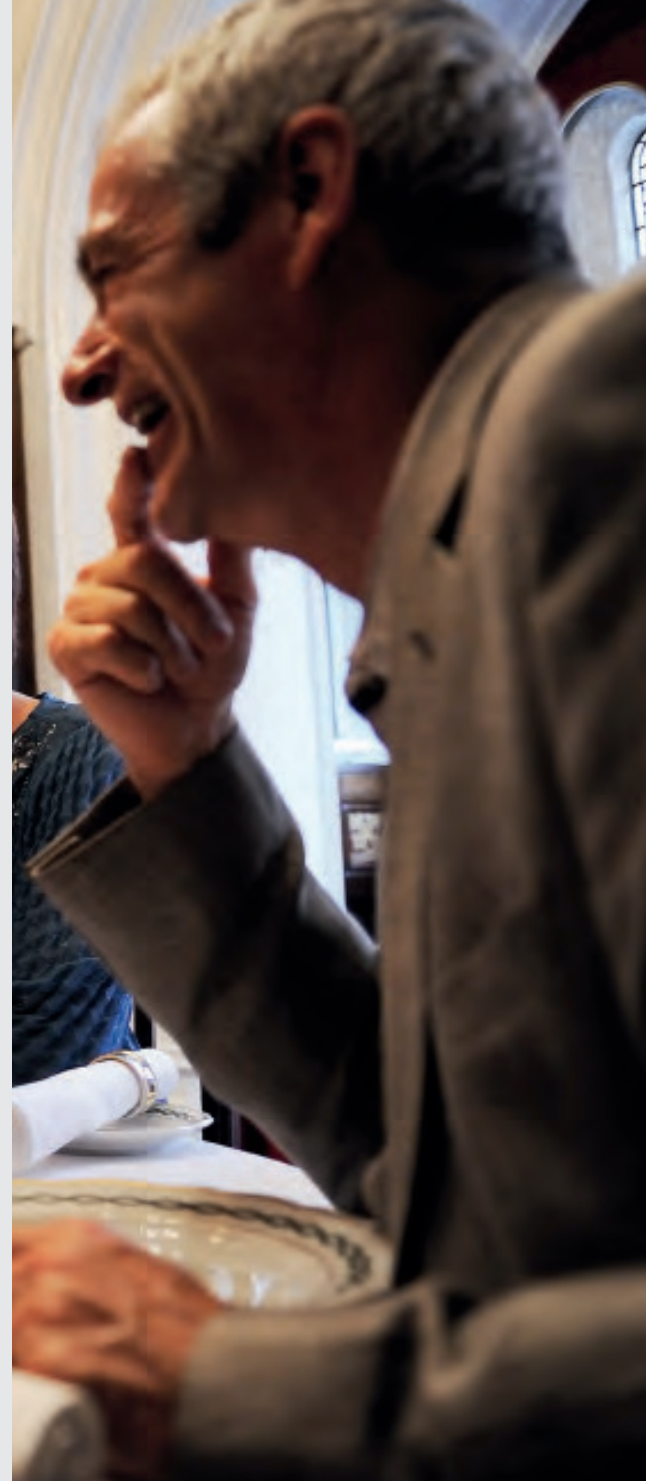
As an Insight guest we'll introduce you to tantalising flavours and authentic regional cuisine. You'll also enjoy delicious dining choices and classic international dishes.

AUTHENTIC REGIONAL LUNCHES

European cuisine reflects *centuries of custom, tradition and refinement*. There is nothing quite like a delicious Swiss cheese fondue meal in medieval Gruyeres; or a regional Italian lunch in Verona. On many Insight tours you'll *sample the true flavours of Europe* at authentic lunches with wine in local restaurants.

NEW WELCOME RECEPTIONS & CELEBRATION DINNERS

New for 2012, all Insight Europe tours *feature an appetising meal with your first-day Welcome Drink reception*; plus a generous *Celebration Dinner with drinks at the last stay!* These special meals create the perfect beginning and end to your vacation and, as you'd expect, *both are included in the price.*



Enjoy a Dine Around evening in a choice of selected restaurants on almost every European tour



A relaxing and delightful Highlight Lunch at Il Riccio, Capri



A long included Highlight Lunch in Provence



Savour delicious and authentic regional cuisine

HOT BREAKFASTS & HOTEL DINING

Enjoy a full English, Scottish or Irish breakfast each day; or a *sumptuous buffet breakfast* with appetising hot dishes in Europe or elsewhere. We also include many evening meals in your hotel. These are often *table d'hôte dinners* or *generous buffets* and always include tea or coffee.

DINE-AROUND EVENINGS & HIGHLIGHT DINNERS

Our superb *Dine-Around experiences* feature small group dining in the local style at a choice of restaurants with tempting menus. *Highlight Dinners* may include a Roman Feast with Operetta highlights, Addressing the Haggis in Scotland, a Flamenco Spectacular in Seville, or a Galabea party on your Nile cruise.



Insight's relaxed stays in each city allow time for exploration and night time dining choices